

HealthReach Community Health Centers



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FOR IMMEDIATE RELEASE

Bethel Family Health Center Sponsors 2nd Annual May Day 5K Race

BETHEL – Bethel Family Health Center is pleased to sponsor Bethel Rotary's 2nd Annual May Day 5K Race on Saturday, May 13. The fun and challenging course will wind through Bethel village, beginning and ending at Crescent Park School.

The event was created for parents and kids to engage in healthy pursuits and friendly competition. Bethel Rotary has kept the cost of registration low to reduce barriers for people to participate. All proceeds will support after school enrichment programs, including music, art, physical fitness and other creative pursuits.



The 5K road race will start at 10:30 a.m. In addition to the 5K race, there will be a 1 mile fun run or walk, which will begin at 10:00 a.m. Both events are open to all ages, so bring the whole family to compete or to cheer everyone on!

Bethel Rotary encourages people to preregister online by visiting <https://www.runreg.com/bethel-rotary-may-day-5k>. Registration cost for adults aged 18 and up is \$15. **Registration for children under age 18 is free.** *Commemorative t-shirts are guaranteed to the first 100 registrants.*

Crescent Park School is located at 19 Crescent Street, Bethel Maine.

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Bethel Rotary Club is a member of Rotary District 7780, and made up of business professionals who live or work in the greater Bethel area. With the motto 'Service Above Self', the club supports the efforts of Rotary International and works to create positive, lasting change in local communities and around the world. To learn more, visit www.BethelRotary.org.

Bethel Family Health Center is part of HealthReach Community Health Centers, a group of eleven Federally Qualified Health Centers in Central and Western Maine. Bethel offers a range of services including family medical care, counseling, and dental hygiene to residents of Andover, Bethel, Gilead, Greenwood, Hanover, Newton, Upton, Woodstock and neighboring towns. Our reduced fee program is available to uninsured and underinsured residents.

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